DAFTAR PUSTAKA

Buku

Barrett, Deirdre. *The Committee of Sleep: How Artists, Scientists, and Athletes Use their Dreams for Creative Problem Solving ... and How You Can, Too*. Hardback Random House. 2001. Paperback Oneroi Press.

Craze, Richard. (2010). *TafsirMimpi*. Yogyakarta: PT Kanisius.

Conesa, Jorge. (2002). *Isolated Sleep Paralysis and Lucid Dreaming: Ten-yeas longitudinal case study and related dream frequencies, types, and categories.* Canada: The 83rd Annual Convention of the Western Psychological Association.

D'Hervey de Saint-Denys. (1867). *Les Reveset Les Moyens de Les Diriger:Observations Pratiques*. Paris/Amyot.

Freud, Sigmund. (1931). *The Interpretation of Dreams*.

Gackenbach, J. (1988). *The Psychological Content of Lucid versus Nonlucid Dreams*. In J. Gackenbach& S. LaBerge (Eds.), *Conscious Mind, Sleeping Brain* (pp. 181-220). New York: Plenum Press.

Gackenbach, J. &Bosveld, J. (1989). *Control Your Dreams*. New York: Harper and Row.

Green, C. 1968.*Lucid Dreams*. London: Hamish Hamilton.

Gunawan, W. Adi. 2005. *Hypnotherapy.* Jakarta: Gramedia.

Hendratman, Hendi. (2013). *The Magic of Adobe After Effects.* Jakarta: Informatika

Holzinger, B. (2009). *Lucid dreaming – dreams of clarity*. Contemporary Hypnosis (John Wiley & Sons, Inc.), 26(4), 216-224. doi:10.1002/ch.390

Kusrianto, A. (2009). *Pengantar Desain Komunikasi Visual*. Yogyakarta: Andi

Kahan, Tracey L. &LaBerge, Stephen. 1994. *Lucid Dream as Metacognition: Implication for Cognitive Science. Academic Press, inc.*

LaBerge, S. (1985). *Lucid Dreaming*. New York: Ballantine Books.

LaBerge, S. (1986). *Physiological Mechanisms of Lucid reaming: A Talk. Lucidity Letter*, 5(1),105-114.

LaBerge, S. (1988). *The Psychophysiology of Lucid Dreaming*. In J. Gackenbach& S. LaBerge (Eds.), *Conscious Mind,Sleeping Brain*(pp. 135-153). New York: Plenum Press.

LaBerge, S. &DeGracia, D. (2000). *Varieties of Lucid Dreaming Experience*. In R. Kunzendorf& B. Wallace (Eds.), *Individual Differences in Conscious Experience*(pp. 269-307). Amsterdam: John Benjamins.

LaBerge, S. & Dement, W. (1982*). Lateralization of Alpha Activity for Dreamed Singing and Counting During REM Sleep*. Psychophysiology, 19, 331-332.

LaBerge, S., Nagel, L., Dement, W., &Zarcone, V. (1981). *Lucid Dreaming Verified by Volitional Communication during REM Sleep. Perceptual and Motor Skills*, 52, 727-732.

LaBerge, S. & Rheingold, H. (1990). *Exploring the World of Lucid Dreaming*. New York: Ballantine Books.

LaBerge, Stephen; Levitan, Lynne (1995). "*Validity Established of DreamLight Cues for Eliciting Lucid Dreaming". Dreaming 5 (3).* International Association for the Study of Dreams.

LaBerge, Stephen (1990). inBootzin, R.R., Kihlstrom, J.F. &Schacter, D.L., (Eds.): *Lucid Dreaming: Psychophysiological Studies of Consciousness during REM Sleep Sleep and Cognition*. Washington, D.C.: American Psychological Association, pp. 109–126.

Laberge, S. (1980). *Lucid dreaming: An exploratory study of consciousness during sleep*. (PhD thesis, Stanford University, 1980), (University Microfilms No. 80-24, 691).

Malcolm, N. 1959.*Dreaming*. Routledge & Kegan Paul.

Ridhwan, Edward. 2011. *The Power of Pretending.* Jakarta: Binus Center.

Rechtschaffen, A. (1978). *The Single-mindedness and Isolation of Dreams. Sleep*, 1, 97-109.

Snyder, T. &Gackenbach, J. (1988). *Individual Differences Associated with Lucid Dreaming.* In J. Gackenbach& S. aBerge (Eds.), *Conscious Mind, Sleeping Brain*(pp. 221-259). New York: Plenum Press.

Tart, C. (1988). *From Spontaneous Event to Lucidity: A Review of Attempts to Consciously Control Nocturnal Dreaming*. In J. Gackenbach& S. LaBerge (Eds.), *Conscious Mind, Sleeping Brain*(pp. 221-259). New York: Plenum Press.

Tholey P. (1980) KlarträumealsGegenstandempirischerUntersuchungen [Conscious Dreams as an Object of Empirical Examination]. Gestalt Theory 2: 175–91.

Tholey P. (1981) EmpirischeUntersuchungenüberKlartraüme [Empirical Examination of Conscious Dreams]. Gestalt Theory 3: 21–62.

Waggoner, Robert. 2008.*Lucid Dream : Gateway to the inner self.* Nedham:Moment Point Press.

Media online

5 Penemuan yang dimulai dari mimpi. Diakses pada tanggal 15 April 2014 di http://pyrojackz.blogspot.com.

Jenis - jenis mimpi. Diakses pada tanggal 16 April 2014 di http://ingenadya.wordpress.com/2012/12/29/jenis-jenis-mimpi/

Kaskus. Diakses pada tanggal 10 April 2014 di kaskus.co.id/thread/luciddream

Rahmayanti Dwi Sri Lestari. Karya tulis ilmiah "Mimpi" (10 April 2014) http://dslrahmayanti.blogspot.com/2013/02/karya-tulis-ilmiah-mimpi.html